



T.C.

MUĞLA SITKI KOÇMAN UNIVERSITY

FACULTY of MEDICINE

2025-2026 ACADEMIC YEAR

PHASE 5 ENGLISH MEDICINE PROGRAM

COURSE of PHYSICAL MEDICINE AND REHABILITATION

DEAN	:Prof. Dr. Süleyman Cüneyt KARAKUŞ
VICE DEANS	:Prof. Dr. Cem ŞAHİN Prof. Dr. Nesrin FİLİZ BAŞARAN
CHIEF COORDINATOR	:Prof. Dr. Emine Neşe YENİÇERİ
PHASE 5 COORDINATOR	: Doç. Dr. İbrahim Önder YENİÇERİ
PHASE 5 ASSISTANT COORDINATORS	: Prof. Dr. Ozan GÖKDOĞAN Doç. Dr. Emine Tuğba ALATAŞ Doç. Dr. Ahmet KADERLİ
Department Responsible for Course	: Physical Medicine and Rehabilitation
Course Type	: Compulsory
Duration of the Course	: 2 weeks
Course Code	: MED 5008
ECTS	:3
Head of the Department	: Prof. Dr. Gönen Mengi

Teaching Staff	Theoretical Lesson Hours	Practical Lesson Hours
Prof. Dr. Gönen Mengi	22	11
Assist. Prof. Dr. Hüseyin Aydoğmuş	22	11

Coordinator of the Course Education Program	: Prof. Dr. Gönen Mengi
Coordinator of the Course Examinations	: Assist. Prof. Dr. Hüseyin Aydoğmuş
Coordinator of Course Assessment and Evaluation	: Prof. Dr. Gönen Mengi

Tarih	Gun	Saat	AnabilimDalıAdı	KonuAdı	OgrElm
10-11-2025	Pazartesi	08:30-09:20		Toplantı -Pratik /Meeting Practical Course Introduction Meeting	
10-11-2025	Pazartesi	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Introduction to Physical Medicine and Rehabilitation	GÖNEN MENGİ
10-11-2025	Pazartesi	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Musculoskeletal Examination and Clinical Assessment	HÜSEYİN AYDOĞMUŞ
10-11-2025	Pazartesi	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Musculoskeletal Examination and Clinical Assessment	HÜSEYİN AYDOĞMUŞ
10-11-2025	Pazartesi	12:30-13:20		Akademik Danışmanlık Saati / Academic Counselling Hour	
10-11-2025	Pazartesi	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Physical modalities and applications	HÜSEYİN AYDOĞMUŞ
10-11-2025	Pazartesi	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Physical modalities and applications	HÜSEYİN AYDOĞMUŞ
10-11-2025	Pazartesi	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to pain and inflammation	GÖNEN MENGİ
10-11-2025	Pazartesi	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to pain and inflammation	GÖNEN MENGİ
11-11-2025	Salı	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Vitamin D Deficiency , Osteoporosis and Metabolic Bone Diseases	GÖNEN MENGİ
11-11-2025	Salı	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Vitamin D Deficiency , Osteoporosis and Metabolic Bone Diseases	GÖNEN MENGİ
11-11-2025	Salı	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to patient with arthritis	GÖNEN MENGİ
11-11-2025	Salı	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to patient with arthritis	GÖNEN MENGİ
11-11-2025	Salı	12:30-13:20		Akademik Danışmanlık Saati / Academic Counselling Hour	
11-11-2025	Salı	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Rheumatoid arthritis	GÖNEN MENGİ
11-11-2025	Salı	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Rheumatoid arthritis	GÖNEN MENGİ
11-11-2025	Salı	15:30-16:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
11-11-2025	Salı	16:30-17:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
12-11-2025	Çarşamba	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Seronegative spondyloarthropathies	GÖNEN MENGİ
12-11-2025	Çarşamba	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Seronegative spondyloarthropathies	GÖNEN MENGİ
12-11-2025	Çarşamba	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Crystal arthropathies	GÖNEN MENGİ
12-11-2025	Çarşamba	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Crystal arthropathies	GÖNEN MENGİ
12-11-2025	Çarşamba	12:30-13:20			
12-11-2025	Çarşamba	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Behçet disease	GÖNEN MENGİ
12-11-2025	Çarşamba	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Behçet disease	GÖNEN MENGİ
12-11-2025	Çarşamba	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Medication in rheumatic disease	GÖNEN MENGİ
12-11-2025	Çarşamba	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Medication in rheumatic disease	GÖNEN MENGİ
13-11-2025	Perşembe	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Spinal cord injuries and rehabilitation	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Spinal cord injuries and rehabilitation	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to mechanical low back pain and disc herniation and treatment methods	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to mechanical low back pain and disc herniation and treatment methods	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	12:30-13:20			
13-11-2025	Perşembe	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to neck back pain and treatment methods	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Approach to neck back pain and treatment methods	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Soft Tissue Rheumatism Diseases (Fibromyalgia and Myofascial Pain Syndrome)	HÜSEYİN AYDOĞMUŞ
13-11-2025	Perşembe	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Soft Tissue Rheumatism Diseases (Fibromyalgia and Myofascial Pain Syndrome)	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Peripheral neuropathy (entrapment neuropathies)	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Peripheral neuropathy (entrapment neuropathies)	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Stroke rehabilitation	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Stroke rehabilitation	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	12:30-13:20			
14-11-2025	Cuma	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Exercise physiology and therapeutic exercises	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Exercise physiology and therapeutic exercises	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Hand peripheral nerve injuries and rehabilitation	HÜSEYİN AYDOĞMUŞ
14-11-2025	Cuma	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Hand peripheral nerve injuries and rehabilitation	HÜSEYİN AYDOĞMUŞ
17-11-2025	Pazartesi	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Osteoarthritis and degenerative joint diseases	GÖNEN MENGİ
17-11-2025	Pazartesi	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Osteoarthritis and degenerative joint diseases	GÖNEN MENGİ
17-11-2025	Pazartesi	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Rheumatic diseases and rehabilitation	GÖNEN MENGİ
17-11-2025	Pazartesi	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Rheumatic diseases and rehabilitation	GÖNEN MENGİ
17-11-2025	Pazartesi	12:30-13:20		Akademik Danışmanlık Saati / Academic Counselling Hour	
17-11-2025	Pazartesi	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Rehabilitation in pediatric period (cerebral palsy)	HÜSEYİN AYDOĞMUŞ
17-11-2025	Pazartesi	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Rehabilitation in pediatric period (cerebral palsy)	HÜSEYİN AYDOĞMUŞ
17-11-2025	Pazartesi	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Patient file preparation)	HÜSEYİN AYDOĞMUŞ
17-11-2025	Pazartesi	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Taking general and problem-oriented history)	HÜSEYİN AYDOĞMUŞ
18-11-2025	Salı	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Patient file preparation)	GÖNEN MENGİ
18-11-2025	Salı	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Taking general and problem-oriented history)	GÖNEN MENGİ
18-11-2025	Salı	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Musculoskeletal examination)	GÖNEN MENGİ
18-11-2025	Salı	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Filling the request form for laboratory examination)	GÖNEN MENGİ
18-11-2025	Salı	12:30-13:20		Akademik Danışmanlık Saati / Academic Counselling Hour	
18-11-2025	Salı	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Musculoskeletal examination)	HÜSEYİN AYDOĞMUŞ
18-11-2025	Salı	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Filling the request form for laboratory examination)	HÜSEYİN AYDOĞMUŞ
18-11-2025	Salı	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Prescription editing)	HÜSEYİN AYDOĞMUŞ
18-11-2025	Salı	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Preparing health reports in accordance with current legislation)	HÜSEYİN AYDOĞMUŞ
19-11-2025	Çarşamba	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Prescription editing)	GÖNEN MENGİ
19-11-2025	Çarşamba	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Advising on invalidity assessment)	GÖNEN MENGİ
19-11-2025	Çarşamba	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Assessment of direct radiographs)	GÖNEN MENGİ
19-11-2025	Çarşamba	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Exercise and physical activity)	GÖNEN MENGİ
19-11-2025	Çarşamba	12:30-13:20			
19-11-2025	Çarşamba	13:30-14:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Advising on invalidity assessment)	HÜSEYİN AYDOĞMUŞ
19-11-2025	Çarşamba	14:30-15:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Advising on disability report)	HÜSEYİN AYDOĞMUŞ
19-11-2025	Çarşamba	15:30-16:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Exercise and physical activity)	HÜSEYİN AYDOĞMUŞ
19-11-2025	Çarşamba	16:30-17:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Making rational laboratory and imaging request)	HÜSEYİN AYDOĞMUŞ
20-11-2025	Perşembe	08:30-09:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Advising on disability report)	GÖNEN MENGİ
20-11-2025	Perşembe	09:30-10:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Preparing health reports in accordance with current legislation)	GÖNEN MENGİ
20-11-2025	Perşembe	10:30-11:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Making rational laboratory and imaging request)	GÖNEN MENGİ
20-11-2025	Perşembe	11:30-12:20	FİZİKSEL TIP VE REHABİLİTASYON	Clinical Applied Practical lesson (Assessment of direct radiographs)	HÜSEYİN AYDOĞMUŞ
20-11-2025	Perşembe	12:30-13:20			
20-11-2025	Perşembe	13:30-14:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
20-11-2025	Perşembe	14:30-15:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
20-11-2025	Perşembe	15:30-16:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
20-11-2025	Perşembe	16:30-17:20		Yapılandırılmış Serbest Çalışma Saati / Structured Free Study Hour Library	
21-11-2025	Cuma	08:30-09:20		Sınav / Exam Multiple Choice Theoretical Exam	
21-11-2025	Cuma	09:30-10:20		Sınav / Exam Multiple Choice Theoretical Exam	
21-11-2025	Cuma	10:30-11:20		Sınav / Exam Structured oral exam	
21-11-2025	Cuma	11:30-12:20		Sınav / Exam Structured Oral Exam	
21-11-2025	Cuma	12:30-13:20			
21-11-2025	Cuma	13:30-14:20		Sınav / Exam Structured Oral Exam	
21-11-2025	Cuma	14:30-15:20		Sınav / Exam Structured Oral Exam	
21-11-2025	Cuma	15:30-16:20		Staj sonu sınavı değerlendirme saati / end of internship exam evaluation hour	
21-11-2025	Cuma	16:30-17:20		Staj/kurul değerlendirme saati / internship evaluation hour	

PHYSICAL THERAPY AND REHABILITATION (PHASE 5)

LEARNING AIM(S)

1	In this course, it is aimed that the students have the necessary knowledge and skills to comprehend the basics of approach to common diseases related to the field of physical medicine and rehabilitation, to be able to make practical application and treatment approaches at the primary care level, and to distinguish patients who need referral to a higher level within the scope of the National CEP.
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LEARNING OBJECTIVE(S)

1	To be able to take medical history, perform physical examination, evaluate basic imaging and laboratory tests in diseases related to Physical Medicine and Rehabilitation.
2	To be able to apply basic treatment principles to Physical Medicine and Rehabilitation patients.
3	To be able to explain the anatomy and physiology of the musculoskeletal system.
4	To be able to explain concepts of illness, disability, disability, and rehabilitation.
5	To be able to recognize the medical conditions that cause disability and require rehabilitation, to make the necessary guidance.
6	To be able to explain rheumatic diseases.
7	To be able to explain the interventional procedures related to the musculoskeletal system.

INTENDED LEARNING OUTCOME(S)

1	Can take medical history, perform physical examination, can evaluate basic imaging and laboratory tests in diseases related to Physical Medicine and Rehabilitation.
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2	Can apply basic treatment principles to Physical Medicine and Rehabilitation patients.
3	Can explain the anatomy and physiology of the musculoskeletal system.
4	Can explain concepts of illness, disability, disability, and rehabilitation.
5	Can recognize the medical conditions that cause disability and require rehabilitation, to make the necessary guidance.
6	Can explain rheumatic diseases.
7	Can explain the interventional procedures related to the musculoskeletal system.